

Exam Resources – Respiratory

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Don't forget to read all the chapters relating to Respiratory. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

http://www.nps.org.au/health_professionals/publications/nps_news

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

Asthma control - http://www.nps.org.au/_data/assets/pdf_file/0007/247750/Medicinewise-NEWS-Asthma-April-2014.pdf

Antibiotic resistance –

http://www.nps.org.au/_data/assets/pdf_file/0010/137548/News77_antibiotic_resistance_0212.pdf

Smoking cessation –

http://www.nps.org.au/_data/assets/pdf_file/0006/85443/News68_copd_smoking_0510.pdf

Antibiotics in respiratory tract infections -

http://www.nps.org.au/_data/assets/pdf_file/0009/71478/news_63.pdf

Inhaled corticosteroids and long acting beta agonists in asthma and COPD

http://www.nps.org.au/_data/assets/pdf_file/0011/35939/news58_asthma_copd_0608.pdf

Managing COPD

http://www.nps.org.au/_data/assets/pdf_file/0004/15844/news45_copd_0406.pdf

How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section “How To Treat” have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Immunology –

Sarcoidosis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a81fd4c9-73dc-4ec6-a02a-47a52306c24e>

Infectious diseases -

TB in children <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=f02627e7-7ea0-4536-a136-5f7fe5b3a239>

TB <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=cf662cf1-6741-4eec-b057-d7cc82c2e0b9>

Epidemics <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a1fdb502-dc77-41bb-9a11-eaa739ca2caf>

Respiratory –

Narcolepsy and non-apnoeic hypersomnias

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=b610f7fa-2b57-4bf6-9600-4893b0b18e51>

Lung cancer <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=be00d8f8-6b71-4def-9730-8cc83dc90d63>

Community acquired pneumonia

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=176d10c4-dc3f-4793-8fd3-25f4dfe777e3>

Nicotine dependence <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=49a97e5f-1a02-4b1a-a349-899a4b80ab09>

Occupational lung disease

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=14d39253-f0c6-4149-a885-5b6e5942978e>

Pertussis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=35906744-6d77-42c1-8cfb-ecae03bdb350>

COPD <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=929773a8-1f7d-449f-a820-b9c3de1190d6>

Cystic fibrosis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0d582071-a636-44a5-920c-75161d11939f>

Sleep apnoea <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=24de5532-b45e-47fe-85b9-1dd2df24e636>

Key guidelines

The best guidelines to use to help with your study are listed below

National Asthma Council Guidelines are a very useful read, with good clear guidelines for management options

<http://www.nationalasthma.org.au/handbook>

COPDX – the essential guide to management of COPD

<http://www.copdx.org.au/the-copd-guidelines>

Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/publications/afp/>

Review list of articles by topic - <http://www.racgp.org.au/afp/topics/Respiratory%20diseases>

REM sleep disorders - <http://www.racgp.org.au/afp/2013/november/rem-sleep-behaviour-disorder/>

Asthma control in GP - <http://www.racgp.org.au/afp/2013/october/asthma-control/>

PE - <http://www.racgp.org.au/afp/2013/september/pulmonary-embolism/>

Acute breathlessness - <http://www.racgp.org.au/afp/2013/august/acute-breathlessness/>

Weight loss and lymphadenopathy - <http://www.racgp.org.au/afp/2013/august/weight-loss-and-lymphadenopathy/>

Dyspnoea - <http://www.racgp.org.au/afp/2013/march/chronic-refractory-dyspnoea/>

Anaphylaxis - <http://www.racgp.org.au/afp/2013/januaryfebruary/anaphylaxis/>

Nicotine replacement - <http://www.racgp.org.au/afp/2013/may/nicotine-replacement-therapy/>

Chronic dyspnoea - <http://www.racgp.org.au/afp/2013/march/chronic-refractory-dyspnoea/>

Respiratory tract issue - <http://www.racgp.org.au/afp/2012/november/>

Evaluation of sleepy patient - <http://www.racgp.org.au/afp/2012/october/evaluation-of-the-sleepy-patient/>

TB testing - <http://www.racgp.org.au/afp/2012/july/tuberculosis-testing/>

Smoking and depression - <http://www.racgp.org.au/afp/2012/may/smoking-and-depression/>

Anaphylaxis - <http://www.racgp.org.au/afp/2012/june/anaphylaxis-recognition-and-management/>

Obstructive sleep apnoea is examination necessary -

<http://www.racgp.org.au/afp/2011/november/obstructive-sleep-apnoea-and-snoring/>

Asymptomatic hilar nodules - <http://www.racgp.org.au/afp/2011/august/asymptomatic-hilar-nodules/>

Spirometry - <http://www.racgp.org.au/download/documents/AFP/2011/April/201104paraskeva.pdf>

Recurrent haemoptysis -

<http://www.racgp.org.au/download/documents/AFP/2011/March/201103khajotia.pdf>

Managing severe asthma in children -

<http://www.racgp.org.au/afp/2011/januaryfebruary/management-of-severe-asthma-in-children/>

TB prevention in travellers - <http://www.racgp.org.au/afp/201010/201010neilson.pdf>

PE - <http://www.racgp.org.au/afp/201007/201007mcrae.pdf>

Croup - <http://www.racgp.org.au/afp/201005/201005starr.pdf>

Asthma - <http://www.racgp.org.au/afp/201005/201005byrnes.pdf>

Management of severe asthma in adults- <http://www.racgp.org.au/afp/201101/201101corrales.pdf>

The March 2010 issue was all about chronic respiratory disease with lots of articles-

<http://www.racgp.org.au/afp/201003>

Work related asthma - <http://www.racgp.org.au/afp/201001/201001hoy.pdf>

Spontaneous mediastinum - <http://www.racgp.org.au/afp/200906/200906chung.pdf>

Sleep apnoea - <http://www.racgp.org.au/afp/200905/200905kee.pdf>

Pertussis - <http://www.racgp.org.au/afp/200701/20070129senayake.pdf>

Radiology resource

They have cases of the week; based on systems they have lectures, notes, images and flashcards.

<http://www.learningradiology.com/>

GP learning – includes check and multiple choice questions

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au/Home/Home.aspx?ReturnUrl=%2f>

Think GP

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

Text books and other resources

Murtagh –is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.