

## Exam Resources – Nephrology

### Murtagh

Don't forget to read all the chapters relating to Nephrology. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

### NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

[http://www.nps.org.au/health\\_professionals/publications/nps\\_news](http://www.nps.org.au/health_professionals/publications/nps_news)

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

### How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section "How To Treat" have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Renal medicine -

Chronic kidney disease and dialysis

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=fad88793-999e-47ac-be39-f001fcb5afb7>

Diabetic complications

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=684d3654-fabc-48ae-95d2-4951e50b1608> ; <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=9386550e-9e69-4e6e-b42a-b9be67f16d88>

Scroll through the front page of articles -

Renal masses <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=09eed4f6-b5eb-469e-a5ea-cfd99d1f81f4>

Chronic kidney disease <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=1d4ca300-40ad-499e-acdb-4686dd9476ab>

Renal stones <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=2d701174-ba8c-41a6-bb32-abbac8d430ce>

Kidney complications of drugs

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=32206ae3-4299-4b97-bb02-5b7f6584d530> ; <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=c784356a-456d-45e2-b90f-57b5eca6b1fa>

### Medical observer – Guide to guidelines

The other weekly magazine that comes out has a great inside section – the clinical updates. They're difficult to find online, so it's best if you subscribe and tear out the middle section. They also have a great list of all the up to date guidelines. These are often the best up to date summaries of diseases and their management. (You'll find some of Murtagh's management is out of date)

<http://www.medicalobserver.com.au/about/guide-to-guidelines>

### Key guidelines

Hypertensions Guidelines

<http://www.heartfoundation.org.au/SiteCollectionDocuments/HypertensionGuidelines2008to2010Update.pdf>

Chronic kidney disease

<http://www.kidney.org.au//LinkClick.aspx?fileticket=vfDcA4sEUMs%3d&tabid=635&mid=1584>

### **Australian Family Physician**

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/afp>

Recurrent renal colic - <http://www.racgp.org.au/afp/2013/november/recurrent-renal-colic/>

Prescribing in renal impairment - <http://www.racgp.org.au/afp/2013/januaryfebruary/prescribing-for-older-people-with-cri/>

Chronic kidney disease in the elderly - <http://www.racgp.org.au/afp/2012/december/ckd-in-the-elderly/>

Renal masses - <http://www.racgp.org.au/afp/2011/october/incidentally-detected-small-renal-masses/>

Live kidney donors - <http://www.racgp.org.au/afp/200905/200905levidiotis.pdf>

Monitoring albuminuria - <http://www.racgp.org.au/afp/200709/200709phillips.pdf>

Monitoring kidney function in diabetes - <http://www.racgp.org.au/afp/200709/200709phillips.pdf>

Neglected nephropathy - <http://www.racgp.org.au/afp/200606/20060605yong.pdf>

### **GP learning – includes check and multiple choice questions**

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au>

### **Think GP**

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

### **Text books and other resources**

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.