

Exam Resources – Cardiology

Murtagh

Don't forget to read all the chapters relating to Cardiology. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

http://www.nps.org.au/health_professionals/publications/nps_news

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

Heart and stroke risk - http://www.nps.org.au/_data/assets/pdf_file/0017/241172/Medicinewise-News-Feb-2014.pdf

Anti-coagulants -

http://www.nps.org.au/_data/assets/pdf_file/0020/222077/MedicinewiseNewsFEB2013-anticoagulants-with-note.pdf

Reducing cardiovascular risk in type 2 diabetes –

http://www.nps.org.au/_data/assets/pdf_file/0003/159735/NEWS_Aug_12-updated-22-Aug.PDF

Systolic heart failure, improving treatment –

http://www.nps.org.au/_data/assets/pdf_file/0006/132495/News75_heart_failure_1011v2.pdf

Managing lipids -

http://www.nps.org.au/_data/assets/pdf_file/0015/118311/News71_lipids_0211.pdf

Antithrombotics in stroke prevention -

http://www.nps.org.au/_data/assets/pdf_file/0006/67632/news62_antithrombotics_0209.pdf

Improving outcomes in chronic heart failure-

http://www.nps.org.au/_data/assets/pdf_file/0018/35505/news57_heart_failure_0408.pdf

Management of hypertension and CV risk –

http://www.nps.org.au/_data/assets/pdf_file/0019/23860/news52_hypertension_0607.pdf

How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section “How To Treat” have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Cardiology–

Cardiovascular risk assessment

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=cfb2210-7280-4047-a468-6d45bdde2c51>

ECG in general practice

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=c6be0b9a-8f0d-4b68-9fb5-ac63ded73d4f>

Pericarditis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=f9366432-f38d-4120-8840-55671a680afc>

Heart failure <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=1c7b3ed8-24b2-49bf-8151-58948d20221d>

Unstable angina and non-STEMI

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=bac6a0d7-163f-41fd-b74d-2372738bf67d>

Atrial fibrillation and novel oral anti coagulants

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=5de3ae8b-9f71-4845-85a7-6e6739b659e7>

Healthy diets <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=298ae089-89ff-4dbb-abcc-a4dc2b4eb780>

Congenital heart disease

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=e534f9bb-15fe-4691-8f3e-71d9007f4e1c>

Cardiomyopathy <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=f6533c99-67db-4450-ac02-cc37ec323c68>

Valvular heart disease

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a21d2705-eb69-4eda-8908-4046c4c5a2b1>

Pacemakers <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=32cdc9d6-0ae1-4ba0-bee9-34b8b4459317>

Palpitations <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=ed034024-3a40-40ad-8b27-1c94bd19c04e>

Heart disease in children

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=d91ff4ea-9f40-4a3a-bd44-edb3e16c0a9b>

Resistant hypertension <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=cf6401c9-dc29-494f-85e7-5b0c099d96fa>

Hyperlipidaemia <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=9677c098-4a24-42f8-8d0b-a4ebee49a5a6>

Vascular –

Aneurysmal disease <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=8f13aeb1-68e7-4de9-a43b-8b1107646e72>

Superficial venous disorders of lower limbs

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6522a6e7-60ce-44f3-9f5f-d3b6a962251e>

Key guidelines

Hypertensions Guidelines

<http://www.heartfoundation.org.au/SiteCollectionDocuments/HypertensionGuidelines2008to2010Uupdate.pdf>

Red book – guideline for preventative activities

<http://www.racgp.org.au/download/Documents/Guidelines/Redbook8/redbook8.pdf>

Green book – putting prevention into practice

<http://www.racgp.org.au/download/documents/Guidelines/Greenbook/racpggreenbook2nd.pdf>

Prevention in ATSI

<http://www.racgp.org.au/download/documents/AHU/2ndednationalguide.pdf>

SNAP (lifestyle management)

<http://www.racgp.org.au/download/documents/Guidelines/snapguide2004.pdf>

Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check - <http://www.racgp.org.au/publications/afp/>

They now have articles listed by topic check out this link for the cardiology ones -

<http://www.racgp.org.au/afp/topics/Cardiology>

Cardiology issue - <http://www.racgp.org.au/afp/2014/may/>

ACEI angioedema - <http://www.racgp.org.au/afp/2013/december/ace-inhibitor-angioedema/>

Intermittent claudication - <http://www.racgp.org.au/afp/2013/december/intermittent-claudication/>

Dual antiplatelet therapy - <http://www.racgp.org.au/afp/2013/october/dual-antiplatelet-therapy/>

ACEI for CV risk reduction - <http://www.racgp.org.au/afp/2013/september/aceis-for-cardiovascular-risk-reduction/>

Persistence on warfarin - <http://www.racgp.org.au/afp/2013/september/persistence-on-warfarin/>

Elevated troponin - <http://www.racgp.org.au/afp/2013/august/elevated-troponin/>

Myocardial perfusion scans - <http://www.racgp.org.au/afp/2013/august/myocardial-perfusion-scans/>

Kawasaki - <http://www.racgp.org.au/afp/2013/july/kawasaki-disease/>

Issue on arteries and veins - <http://www.racgp.org.au/afp/2013/june/>

Prevention of diabetes and heart disease - <http://www.racgp.org.au/afp/2013/may/prevention-of-diabetes-and-heart-disease/>

Chronic heart failure - <http://www.racgp.org.au/afp/2013/may/chronic-heart-failure-management/>

Home BP monitoring - <http://www.racgp.org.au/afp/2013/april/home-blood-pressure-monitoring/>

Echo - <http://www.racgp.org.au/afp/2012/december/transthoracic-echocardiography/>

Hypercholesterolaemia - <http://www.racgp.org.au/afp/2012/december/familial-hypercholesterolaemia/>

CVD Prevention - <http://www.racgp.org.au/afp/2012/october/prioritising-cvd-prevention-therapy/>

Basic and advanced cardiac life support - <https://www.racgp.org.au/afp/2012/june/basic-and-advanced-cardiac-life-support/>

Management of hypertension in general practice - <http://www.racgp.org.au/afp/2012/may/management-of-hypertension-in-general-practice/>

Venous leg ulcers - <http://www.racgp.org.au/afp/2012/may/venous-leg-ulcer-management-in-general-practice/>

Cardiac stress testing - <http://www.racgp.org.au/afp/2012/march/cardiac-stress-testing/>

Rheumatic fever - <http://www.racgp.org.au/afp/2012/januaryfebruary/rheumatic-fever/>

Broken heart syndrome - <http://www.racgp.org.au/afp/2012/januaryfebruary/broken-heart-syndrome/>

ECGs - <http://www.racgp.org.au/afp/2012/januaryfebruary/key-findings-on-ecgs/>

ACEI related angioedema - <http://www.racgp.org.au/afp/2011/december/acei-associated-angioedema/>

Ambulatory blood pressure monitoring - <http://www.racgp.org.au/afp/2011/november/ambulatory-blood-pressure-monitoring/>

Lifestyle intervention - <http://www.racgp.org.au/afp/2011/november/lifestyle-intervention/>

Pericarditis - <http://www.racgp.org.au/afp/2011/october/pericarditis/>

Preventing vascular disease - <http://www.racgp.org.au/afp/2011/october/preventing-vascular-disease/>

Ambulatory ECG monitoring - <http://www.racgp.org.au/afp/2011/august/ambulatory-electrocardiographic-monitoring/>

Cholesterol lowering medication - <http://www.racgp.org.au/afp/2011/july/cholesterol-lowering-medication/>

Screening for physical inactivity in GP - <http://www.racgp.org.au/afp/2011/januaryfebruary/screening-for-physical-inactivity-in-general-practice/>

December 2010 issue on chronic heart failure issue has lots of articles - <http://www.racgp.org.au/afp/201012>

TIA article - <http://www.racgp.org.au/afpbackissues/2010/201011/201011leung.pdf>

June 2010 Clot issue has lots of articles - <http://www.racgp.org.au/afp/backissues/2010/>

Coronary heart disease and exercise - <http://www.racgp.org.au/download/documents/AFP/2010/March/201003wise.pdf>

Diet to lower cholesterol - <http://www.racgp.org.au/afpbackissues/2009/200906/200906clifton.pdf>

Cardiovascular risk assessment in GP -

<http://www.racgp.org.au/afpbackissues/2009/200905/200905gupta.pdf>

Management of venous thromboembolism article -

<http://www.racgp.org.au/afpbackissues/2009/200901/200901chapman.pdf>

Cardiac arrhythmia article -

<http://www.racgp.org.au/afpbackissues/2008/200807/200807cruickshank.pdf>

Management of dyslipidaemia article -

<http://www.racgp.org.au/afpbackissues/2008/200807/200807nestel.pdf>

Beta-blockers in heart failure -

<http://www.racgp.org.au/afpbackissues/2008/200803/200803jackowski.pdf>

January/February 2008 Lifestyle issue has lots of articles -

<http://www.racgp.org.au/afp/backissues/2008/>

Radiology resource

They have cases of the week; based on systems they have lectures, notes, images and flashcards.

<http://www.learningradiology.com/>

GP learning – includes check and multiple choice questions

Your best options are to search for multiple choice questions, or clinical challenges.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au/Home/Home.aspx?ReturnUrl=%2f>

Think GP

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

CIAP – ECG tutorial (clinical tools – interactive ECG tutorial)

If you can get a username and password it has a wide range of resources including the therapeutic guidelines. But it has a great interactive session that takes you through ECG's.

<http://www.ciap.health.nsw.gov.au>

Textbooks and other resources

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red/yellow flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.