

## Exam resources - Geriatric

### John Murtagh

Read Aged care. This is always the first place to start when studying each system for the exam.

### NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

[http://www.nps.org.au/health\\_professionals/publications/nps\\_news](http://www.nps.org.au/health_professionals/publications/nps_news)

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

Medicines for aging population - <http://www.nps.org.au/publications/health-professional/medicinewise-news/2013/older-wiser-safer>

### How to treat – Australian Doctor :- Need free registration

The weekly Australian Doctor magazines inside section “How To Treat” have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

Aged care –

Prescribing <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0f5024de-b35a-4bad-8f76-3c3acbdd3db6>

Geriatrics –

Nutritional challenges <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=2e36630d-a583-45b5-9e7b-02ad4fdf04c4>

Elder abuse <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=28a49a07-a350-405a-8807-613174c41b9e>

Falls in elderly <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=68068c38-46c4-40cc-88da-62031bb0e9e8>

Fitness to drive <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=3da51ebe-d7b3-4eab-ae2b-07e79c7bdf61>

### Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/afp>

Search AFP by topic –

Safe driving - <http://www.racgp.org.au/afp/2013/may/older-people-driving-safety/>

Nutrition screening - <http://www.racgp.org.au/afp/2013/may/time-poor/>

Prescribing for older people - <http://www.racgp.org.au/afp/2013/januaryfebruary/prescribing-for-older-people-with-cri/>

Elderly issue - <http://www.racgp.org.au/afp/2012/december/>

Managing under nutrition in elderly - <http://www.racgp.org.au/afp/2012/september/managing-undernutrition-in-the-elderly/>

Dementia and driving - <http://www.racgp.org.au/afp/2012/april/dementia-and-driving/>

Fitness to drive - <http://www.racgp.org.au/afp/2012/april/fitness-to-drive/>

Vitamin D and elderly - <http://www.racgp.org.au/afp/2012/march/vitamin-d-and-the-musculoskeletal-health-of-older-adults/>

Fronto-temporal dementia - <http://www.racgp.org.au/afp/2011/december/frontotemporal-dementia/>

Fitness to drive forms - <http://www.racgp.org.au/afp/2011/november/fitness-to-drive-forms/>

Heatwaves and elderly - <http://www.racgp.org.au/afp/2011/august/heatwaves-and-the-elderly/>

Medicine in aged care - <http://www.racgp.org.au/afp/2010/june/quality-use-of-medicines-in-residential-aged-care/>

### **GP learning – includes check and multiple choice questions**

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au>

### **Think GP**

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

### **Text books and other resources**

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.